



The National Institute for Health Innovation
School of Population Health
Tamaki Campus
The University of Auckland
Private Bag 92019, Auckland, New Zealand
Telephone: 09 923 4730

**MEDICAL AND
HEALTH SCIENCES**
SCHOOL OF POPULATION HEALTH



Participant Information Sheet - Youth

Games for Health

Lead investigator: Professor Ralph Maddison
National Institute for Health Innovation, University of Auckland
08003676444
r.maddison@auckland.ac.nz

Researchers: Professor Ralph Maddison, Dr Rinki Murphy, Dr Justin Heke, Dr Rosie Dobson, Dr Samantha Marsh, Dr Nilufar Baghaei, Varsha Parag

We need your help!

We would like for you to take part in a study looking at how two different mobile games that we have developed may improve your knowledge about healthy lifestyle behaviours, like eating and exercise, and type 2 diabetes. We want to know what you think of the games, whether you enjoy playing them, and whether they teach you anything.

What do you need to do?

If you would like to help we can either

- Meet with you at your school during class hours with a parent
- Meet with you at your school during class hours with a school staff member present
- Meet with you after school with your parent

You will be asked some questions to assess your knowledge about health. We will also measure your height and weight. After this, we will ask you to either play a game that has healthy lifestyle messages for 15 minutes OR a similar game without healthy lifestyle messages. After 15 minutes we will ask you some more questions. At the end of one month you will need to complete a web-based questionnaire again. Your parent or a school staff member will be with you during in person visits.

Will taking part help me?

We hope you will find helping us fun and interesting. Helping us will not harm you in any way. The information you provide might help us learn more about a game to help kids

be healthy. Your parent will be asked for permission to let you help. If you do not want to answer our questions you can say no.

Will the information about me be kept private?

All the information we collect about you will be kept private. This means that we will not use any information about you that would allow somebody to know you were in the study, such as your name or date of birth. We will keep your information safe at the National Institute for Health Innovation, The University of Auckland for 6 years.

Has the study received ethical approval?

This study has received ethics approval from the UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE ON the 19/02/2019 (ref: 022616).

What are my legal rights?

Your participation in this study is entirely voluntary (your choice). You do not have to take part. If you choose not to take part in this study you will not be affected in any way. You can withdraw from the study at any time, without having to give a reason. You are encouraged to ask questions at any time.

Who do I contact if I have questions about the study?

If you have any questions about the study please contact the lead researcher:

Dr Ralph Maddison
National Institute for Health Innovation,
University of Auckland
(09) 3737599 ext [84767] or r.maddison@auckland.ac.nz

If you have any questions or concerns regarding your rights as a participant in this study you may wish to contact an independent health and disability advocate:

Free phone: 0800 555 050
Free fax: 0800 2 SUPPORT (0800 2787 7678)
Email: advocacy@hdc.org.nz

Thank you for taking time to read about this study. Please keep a copy of this sheet for your information.

ASSENT

Child Assent: I agree to take part in this study

Child Name :	Child Signature :
Date:	

Researcher:

- I have received written informed consent from the parent/caregiver for this child to participate in the study
- I have given a verbal explanation of the research project to the school staff member present and the child, and believe that the school staff member and child understand the study and the child has given assent to participate.

Researcher's Name :	Researcher's Signature :
Date:	